

Table 1 – Tachi Waza (Throwing Techniques)				
Gokyo no Waza (1920)				
Dai Ikkyo (1st group)	Dai Nikyo (2nd group)	Dai Sankyo (3rd group)	Dai Yonkyo (4th group)	Dai Gokyo (5th group)
De-ashi-harai Hiza-guruma Sasae-tsurikomi-ashi Uki-goshi O-soto-gari O-goshi O-uchi-gari Seoi-nage	Ko-soto-gari Ko-uchi-gari Koshi-guruma Tsurikomi-goshi Okuri-ashi-harai Tai-otoshi Harai-goshi Uchi-mata	Ko-soto-gake Tsurigoshi Yoko-otoshi Ashi-guruma Hane-goshi Harai-tsurikomi-ashi Tomoe-nage Kata-guruma	Sumi-gaeshi Tani-otoshi Hane-makikomi Sukui-nage Utsuri-goshi O-guruma Soto-makikomi Uki-otoshi	O-soto-guruma Uki-waza Yoko-wakare Yoko-guruma Ushiro-goshi Ura-nage Sumi-otoshi Yoko-gake

Table 2 - Tachi Waza (Throwing Techniques)			
Habukareta Waza	Shinmeisho No Waza		
Obi Otoshi Seoi Otoshi Yama Arashi Osoto Otoshi Daki Wakare Hikikomi Gaeshi Tawara Gaeshi Uchi Makikomi	Morote Gari Kuchiki Taoshi Kibisu Gaeshi Uchi Mata Sukashi Daki Age Tsubame Gaeshi Kouchi Gaeshi Ouchi Gaeshi	Osoto Gaeshi Harai Goshi Gaeshi Uchi Mata Gaeshi Hane Goshi Gaeshi Kani Basami Osoto Makikomi Kawazu Gake Harai Makikomi	Uchi Mata Makikomi Sode Tsurikomi Goshi Ippon Seoinage

Table 3 (Pins, Chokes and Joint Locks)		
Osaekomi-waza	Shimewaza	Kansetsu-waza
Kuzure-kesa-gatame Kata-gatame Kami-shiho-gatame Kuzure-kami-shiho-gatame Yoko-shiho-gatame Tate-shiho-gatame Kesa-gatame	Nami-juji-jime Gyaku-juji-jime Kata-juji-jime Hadaka-jime Okuri-eri-jime Kata-ha-jime Do-jime Sode-guruma-jime Kata-te-jime Ryo-te-jime Tsukkomi-jime Sankaku-jime	Ude-garami Ude-hishigi-juji-gatame Ude-hishigi-ude-gatame Ude-hishigi-hiza-gatame Ude-hishigi-waki-gatame Ude-hishigi-hara-gatame Ashi-garami Ude-hishigi-ashi-gatame Ude-hishigi-te-gatame Ude-hishigi-sankaku-gatame