

ATJA Judo Promotion Requirements

Time-in-Grade, Points and Age



For promotion in the Art of Judo under the ATJA Judo Program, all requirements must be met. These requirements include minimum Time-in-Grade, Age, Promotion Points and passing both a physical Demonstration Exam and a written Vocabulary & Knowledge Test. All Black Belt candidates for promotion must submit a formal request for promotion using the ATJA Judo Promotion Application form and have a current Background Screening. Promotion fees are \$15 for Kyu ranks (\$7.50 for Juniors under 17 years old), \$75 for Shodan and \$100 for Nidan and above.

Seniors (17+ Yrs)

Rank		Belt Color	Normal Time-in-Grade*	Promotion Points	Minimum Age (Yrs)
Rokkyu	6K	Yellow	4 Mos	7	13
Gokyu	5K	Orange	5 Mos	11	13
Yonkyu	4K	Green	6 Mos	15	13
Sankyū	3K	Brown	7 Mos	20	13
Nikyu	2K	Brown	8 Mos	22	13
Ikkyū	1K	Brown	9 Mos	24	13
Shodan	1D	Black	2 Yrs	33	16
Nidan	2D	Black	3 Yrs	70	18
Sandan	3D	Black	4 Yrs	156	21
Yodan/Yondan	4D	Black/Black & Red	5 Yrs	252	25
Godan	5D	Black/Black & Red	6 Yrs	360	30
Rokudan	6D	Black/Red & White	7 Yrs	480	36
Shichidan	7D	Black/Red & White	8 Yrs	BoD Approval	43
Hachidan	8D	Black/Red & White	9 Yrs	BoD Approval	51
Kudan	9D	Red	10 Yrs	BoD Approval	60
Judan	10D	Red	10 Yrs	BoD Approval	70

* 8 Extra Points reduces TiG by 1 month

Promotion Points may be earned through Judo Competition, Service to Judo or other means as approved by the ATJA Judo Committee. A list of approved ways to earn points can be found on the ATJA web site (www.atja.org).

Juniors (4-16 Yrs)

Rank		Belt Color	Normal Time-in-Grade	Points	Minimum Age (Yrs)
Junior 1st Degree	JR01	Yellow Belt	3 Mos	4	4
Junior 2nd Degree	JR02	Yellow Belt*	3 Mos	5	5
Junior 3rd Degree	JR03	Orange Belt	4 Mos	6	6
Junior 4th Degree	JR04	Orange Belt*	4 Mos	7	7
Junior 5th Degree	JR05	Green Belt	4 Mos	8	8
Junior 6th Degree	JR06	Green Belt*	4 Mos	9	9
Junior 7th Degree	JR07	Blue Belt	5 Mos	10	10
Junior 8th Degree	JR08	Blue Belt*	5 Mos	11	11
Junior 9th Degree	JR09	Purple Belt	5 Mos	12	12
Junior 10th Degree	JR10	Purple Belt*	5 Mos	13	13
Junior 11th Degree	JR11	Brown Belt	6 Mos	14	14
Junior 12th Degree	JR12	Brown Belt*	6 Mos	15	15

* Note: Junior ranks may use a stripe to indicate a higher level of a belt of the same color